

Bread for the World's
2019 Offering of Letters to Congress

Better Nutrition, Better Tomorrow

Rodgers, a young child in Uganda, is growing strong and healthy. Unlike 1 in 4 children around the world, Rodgers has escaped the lifelong sentence of stunting caused by chronic malnutrition. Rodgers has a brighter future because of a U.S.-funded program that helps his mother and father grow crops rich in Vitamin A and iron.

When you take part in Bread for the World's 2019 Offering of Letters: Better Nutrition, Better Tomorrow, you will help more children grow and thrive. By spending a few minutes to write a personal letter or email to your members of Congress, you will help improve nutrition for mothers and children.

Your letter—along with letters from thousands of other people of faith across the country—will help persuade Congress to make improving global nutrition a priority. This outpouring of letters will also urge Congress to increase funding for programs that provide better diets for poor farmers, promote breastfeeding for young children, and ensure safe drinking water.

These measures will save the lives of children and help meet the international goal of ending hunger by 2030.

Moved by God's love in Jesus Christ, we reach out in love to our neighbors. We join other people of faith, and we work together to give children a brighter future with better nutrition.

**Your letters to Congress
will help more children like
Rodgers escape the lifelong
sentence of stunting caused
by chronic malnutrition.**



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Bread for the World is a collective Christian voice urging our nation's decision makers to end hunger at home and abroad. For more than 40 years, Bread for the World's members have helped win bipartisan support for measures that address the causes of hunger. Each year, thousands of churches from many different faith traditions take part in the Offering of Letters.



breadfortheworld
HAVE FAITH. END HUNGER.

Urge Congress to Advance Global Nutrition

Join our collective Christian voice in urging Congress to **pass legislation that will accelerate progress on global nutrition**. This sample letter will help you send handwritten letters or personalized emails to your representatives and senators in Congress.

Sample Letter

Sen. _____
U.S. Senate
Washington, D.C. 20510

Rep. _____
U.S. House of Representatives
Washington, D.C. 20515

[Date]

Dear Senator _____ or Dear Representative _____,

I ask you to support legislation and increased funding to accelerate progress on global nutrition.

Almost half of all child deaths worldwide are linked to malnutrition. Children who survive are at high risk of stunting physically and cognitively. Increased access to nutritious food, vitamins, safe drinking water, and support of breastfeeding will enable more children to grow and reach their full potential.

My faith calls me to have compassion and stand alongside women and children around the world. I urge you to increase our nation's commitment and investment in efforts to advance global nutrition.

Sincerely,
[your name]
[your address]

For the most current version of this sample letter, updated as legislation moves in Congress, visit **bread.org/ol**.

- I want to join others who have committed to praying for an end to hunger. Please send me—free of charge—*Daily Prayers for an End to Hunger*.
- Enclosed is my gift of \$_____ to support the work of Bread for the World.

NAME (please print) _____

ADDRESS _____

CITY, STATE _____ ZIP _____

EMAIL _____

(will not be exchanged or sold)

Please mail this coupon to the address at right. You may use our toll-free number or visit our website to request or download free resources and sign up for email updates. Thank you!



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